

### Notes:

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### Top 3 Ideas to Implement:

1. \_\_\_\_\_

2. \_\_\_\_\_

3. \_\_\_\_\_

### Free Email Newsletter

Sign up for Jon's free Positive Tip weekly newsletter at [www.JonGordon.com](http://www.JonGordon.com)

### Connect with Jon

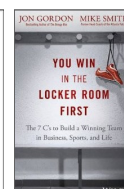
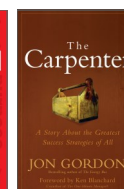
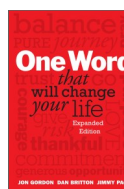
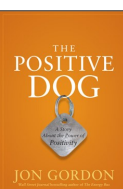
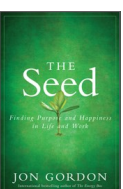
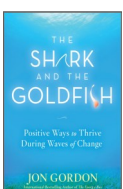
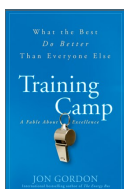
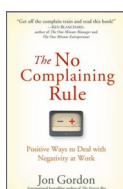
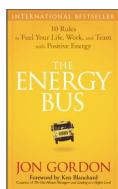


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## The Energy Bus Video and Training Program

This video training program is a great way to share *The Energy Bus* principles and model with your team and organization. Learn more at [www.TheEnergyBus.com](http://www.TheEnergyBus.com)

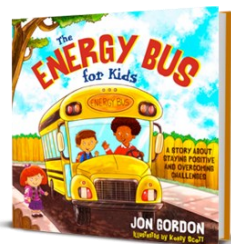
## Useful Tools

Access additional resources such as Downloadable Action Plans, Printable Posters, Articles, Tips, Videos and more at [www.jongordon.com/tools.html](http://www.jongordon.com/tools.html)



## The Energy Bus for Kids: A Story about Staying Positive and Overcoming Challenges

When you get kids on *The Energy Bus*, you'll infuse their lives with vision, hope, love and positivity. Learn more at [www.EnergyBusKids.com](http://www.EnergyBusKids.com)



## The Positive Pledge

I pledge to be a positive person and positive influence on my family, friends, co-workers and community.

I promise to be positively contagious and share more smiles, laughter, encouragement and joy with those around me.

I vow to stay positive in the face of negativity.

When I am surrounded by pessimism I will choose optimism.

When I feel fear I will choose faith.

When I want to hate I will choose love.

When I want to be bitter I will choose to get better.

When I experience a challenge I will look for opportunity to learn and grow.

When faced with adversity I will find strength.

When I experience a set-back I will be resilient.

When I meet failure I will fail forward towards future success.

With vision, hope, and faith, I will never give up and will always move forward towards my destiny.

I believe my best days are ahead of me, not behind me.

I believe I'm here for a reason and my purpose is greater than my challenges.

I believe that being positive not only makes me better, it makes everyone around me better.

So today and every day I will be positive and strive to make a positive impact on the world.

[www.ThePositivePledge.com](http://www.ThePositivePledge.com)

By Jon Gordon